

FREE SERVICES NEAR SHERMAN OAKS

FOOD:

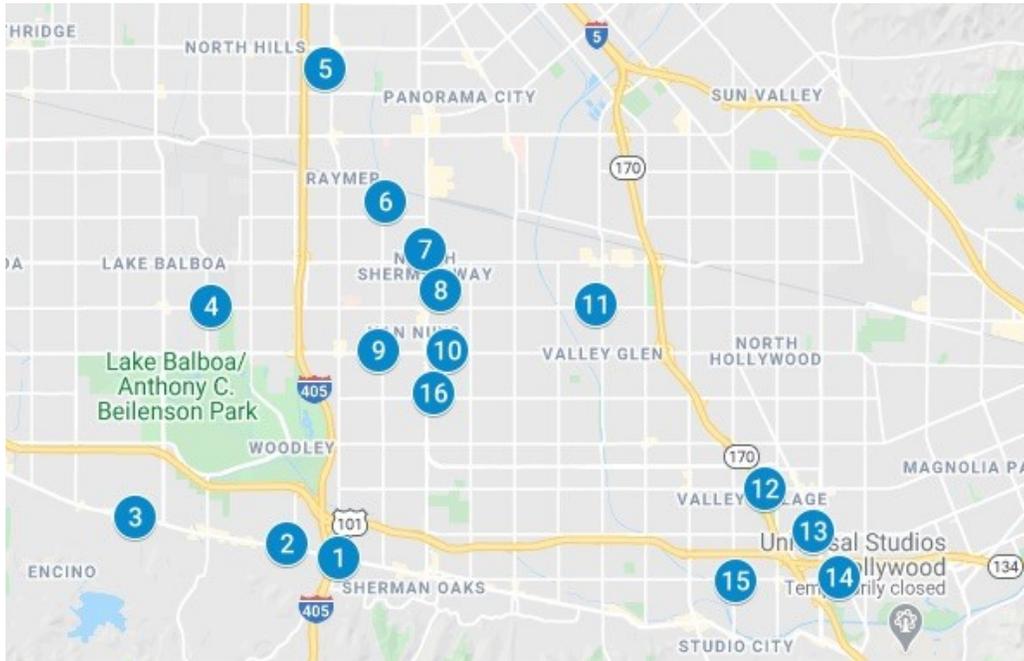
1. Sherman Oaks: Valley of Change 15301 Ventura Blvd. Snacks & Water every day noon to 8pm.
2. Encino: Valley Beth Shalom 15739 Ventura Blvd. Food Pantry Mon, Tues, Thurs 10am to 2pm.
3. Encino: St. Nicholas 17144 Ventura Blvd. Meal Served Sun 2 to 3pm.
4. Lake Balboa: SOVA 16439 Vanowen St. Food Pantry Mon – Thurs 10am to 1:30pm. Sunday 9am to noon. ID required. Two visits per month.
5. North Hills: NVCS 15453 Rayen St. Drive-Thru Distribution Fri 9 to 11:30am. Hot Breakfast served Mon, Wed, Fri 6:30 to 9am.
6. Van Nuys: Rock of the Valley 7722 Kester Ave. Drive-Thru Distribution Tues 4 to 5pm.
7. Van Nuys: Loaves & Fishes 7309 Van Nuys Blvd. Food Pantry & Baby Items Mon, Wed, Fri opens at 10am.
8. Van Nuys: YMCA 6901 Lennox Ave. Boxed Meal Mon & Wed 11am. Produce Box Thurs 10am.
9. Van Nuys: Salvation Army 14917 Victory Blvd. Food Pantry Mon 9am to noon, Wed 1 to 4pm, Fri 9am to noon. ID required.
10. Van Nuys: Central Lutheran Church 6425 Tyrone Ave. Food Pantry Mon 1 to 3pm.
11. Valley Glen: Village Family Services for Youth (aged 14 – 24) 6801 Coldwater Canyon (entrance in back of building.) Bagged lunch, snacks Mon to Fri 9:30am to 3:30pm, Sat & Sun 9am to 3pm.
12. North Hollywood: NoHo Park Magnolia & Underpass. 2nd and 3rd Sunday Meal to go, clothing, pet food.
13. North Hollywood: NoHo Home Alliance 11031 Camarillo. Meal served, clothing, hygiene products, mail, ID help. Mon 8:30 to noon, Tues 11:30am, Wed 8:30 to noon, Friday 8:30 to noon. Food Pantry 3rd Sat of the month 11am to 1pm.
14. North Hollywood: St. Charles Borromeo 10825 Moorpark St. Food Panty, Clothing, Baby Items Tues, Wed, Thurs, Sat, Sun 9 to 11:30 am.
15. Studio City: Interfaith Food Pantry 4390 Colfax Ave. Food Pantry Mon & Fri 7:30 to 11 am.

SHOWERS:

16. Van Nuys: LA SAN Truck 14415 Aetna St. Thurs 7am to 1pm.
- (see 9. above) Van Nuys: YMCA Mon – Fri 9am to 2pm.
- (see 11. above) Van Nuys: Hope of the Valley Help & Housing Center Mon – Fri 8am to 3:30pm.
- (see 13. above) North Hollywood: NoHo Home Alliance Wed & Fri 8:30am to noon.
- (see 14. above) North Hollywood: St Charles Borromeo Thursday 8am to noon.

SAFE PARKING:

- (see 6. above) North Hills NVCS 1543 Rayen Street. Mon – Fri 7pm to 7am. Sat & Sun 7pm to 6am.
- (see 13. above) visit NoHo Home Alliance 11031 Camarillo for referral & location.



OTHER RESOURCES

Emergency Shelter: Hope of the Valley Pacoima. Please call 818-257-8521 for bed availability

Pet Assistance: The Rescue Train 818-927-1364

Pet Food Pantry: East Valley Animal Shelter Van Nuys: call 213-264-8985 or register at laanimalservices.com/petfoodpantry/

Family & Immigration Support, Child Care, ESL, Education & Job Help: North Hills NVCS.

Free Cell Phone: call 800-430-0443 or use www.californialifeline.com

Outreach Request: call 211 or use the 211 app or use www.lahsa.org

Mental Health Outreach Request: call 213-480-3480 or 213-738-4775

Emergency Shelter Hotline: 800-548-6047

Crisis Hotline: 323-686-0950

Homeless Veterans Hotline: 800-273-8255

Mental Health Hotline: 800-854-7771

Domestic Violence Hotline: 800-978-3600

California Youth Crisis Hotline: 800-843-5200

Substance Abuse Hotline: 844-804-7500

Social Services: call 866-613-3777 or use DPSS.lacounty.gov

City Council Member Sherman Oaks: Nithya Raman 213-309-2116