

# SUMMER KICK OFF – KIDS PERSONAL SAFETY SERIES

**SONC Public Safety Committee** is proud to present a **Summer Series of Kids Personal Safety** with Sherman Oaks martial arts studio, **KMA Black Belt Champions**. KMA has taught self-defense thousands of kids and will be sharing their unique insights over the next few months in our Public Safety Committee meetings.

At any age - it is universally understood that the best self-defense is a keen awareness of your surroundings. Next time you go out with your kids, ask them, “**Look around, where is Safety?**”

**For our August 10th meeting, KMA Instructors will discuss:**

- Empower your Child to say NO with Confidence
- Setting Rules with your Kids Now
  - At Home, At School, the Store, the Park

The old idea of ‘Stranger-Danger’ doesn’t really work because strangers are everywhere! But early realization that someone means harm is an important skill that can be learned. We want to keep our Sherman Oaks kids safe with this 4-part series.

**Parents, Aunts/Uncles, Caregivers, Grandparents** – are all invited to our meetings to watch the presentations and demos, ask questions and be part of a simple way of keeping our kids safer in this world.

**June 8** recording of 25 min presentation–link on SONC site

**July 13, 6:30pm** 5-10 min presentation & kid demos

**August 10, 6:30pm** 5-10 min presentation & kid demos

**...and, when city regulations permit:**

**FREE in-person kids Safety Workshop!!** \*(date tbd)

**Next meeting: Tuesday, Aug 10t at 6:30pm**

Phone: 1-669-900-6833, Web ID#842 7040 8817

Online: <https://us02web.zoom.us/j/84270408817>

Zoom: Web ID#842 7040 8817

Contact: [SoncPScommittee@gmail.com](mailto:SoncPScommittee@gmail.com)

