

# SUMMER KICK OFF – KIDS PERSONAL SAFETY SERIES

**SONC Public Safety Committee** is proud to present a **Summer Series of Kids Personal Safety** with Sherman Oaks martial arts studio, **KMA Black Belt Champions**. KMA has taught self-defense thousands of kids and will be sharing their unique insights over the next few months in our Public Safety Committee meetings.

At any age - it is universally understood that the best self-defense is a keen awareness of your surroundings. Next time you go out with your kids, ask them, “**Look around, where is Safety?**”

## For our July 13th meeting, KMA Instructors will discuss:

- Personal Fence: Verbal & Physical Barriers
- Empower your Child to say NO with Confidence
- Watch 2-3 Role Play demos of Common Lures

The old idea of ‘Stranger-Danger’ doesn’t really work because strangers are everywhere! But early realization that someone means harm is an important skill that can be learned. We want to keep our Sherman Oaks kids safe with this 4-part series.

**Parents, Aunts/Uncles, Caregivers, Grandparents** – are all invited to our meetings to watch the presentations and demos, ask questions and be part of a simple way of keeping our kids safer in this world.

**June 8<sup>th</sup>** recording of 25 min presentation online soon

**July 13, 6:30pm** 5-10 min presentation & kid demos

**August 10, 6:30pm** 5-10 min presentation & kid demos

**\*September** we will celebrate the end of the Series with a **FREE in-person kids Safety Workshop!!** \*(date/times tbd)

**Next meeting: Tuesday, July 13<sup>th</sup> at 6:30pm**

Phone: 1-669-900-6833, Web ID#842 7040 8817

Online: <https://us02web.zoom.us/j/84270408817>

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